HEARTFELT THANK YOU CARDS

DEVELOPING AN ATTITUDE OF GRATITUDE

THANK YOU FOR THINKING OF ME! Why do we say thank you?

"Thank You!" can be more than just words we say. If it comes from the heart, a heartfelt "thank you" holds a feeling of gratitude and appreciation for someone who went out of their way to be kind to us through their words and actions.

Grownups, take this moment with your little ones to explore the feelings that prompt us to say "thank you" to others each day!

Here is a fun "THANK YOU" poem to say and practice play:

When I say THANK YOU, Here is what I mean... You did something nice for me. I felt loved and seen.

This thank you's MORE than words, It's a fuzzy feeling too. I see and hear and love All the extra things you do.

You didn't HAVE to do it. Of that I'm well aware. That's why it means so much That you took the time to care.

Please enjoy this free Thank You card activity. Print these cards for your kids to share with someone special they appreciate. This creative activity will help practice emotional learning and critical thinking about the topic of gratitude. It will also sharpen fine motor skills through paper folding, coloring and writing.





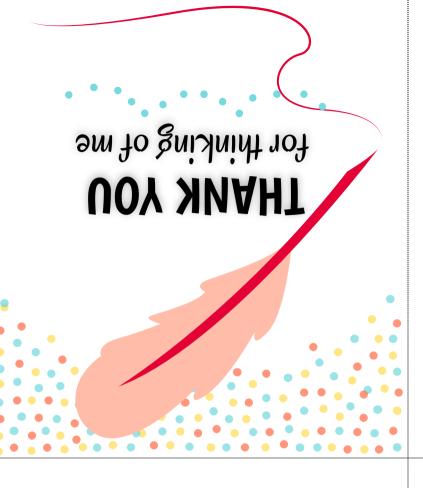
When I say Thank You,

Here is what I mean... You did something nice for me. I felt loved and seen!

Dear	_,
Thank you for	
It made me feel	,
With Kindness,	









is a little hug from me to you, for the kind & wonderful things you took the time to do!

Dear,	
Thank you for	-
It made me feel	•
With Kindness,	







is more than words, It's a fuzzy feeling too. I see and hear and love All the extra things you do! Dear____,

Thank you for__

It made me feel

feel			 ,

With Kindness,





It means

that you took the time to care! Dear____,

Thank you for__

It made me feel

		_•

With Kindness,

KEEP GOING! KEEP GROWING!

CONTINUE DEVELOPING AN ATTITUDE OF GRATITUDE

THE MANNERHAUSENS HAVE A SONG FOR YOU!

Here are two ways to enjoy our song "Please & Thank You".

Soundtrack link: https://www.themannerhausens.com/soundtrack

Singalong video: https://www.themannerhausens.com/tips-singalongs

MANNERS CHECK IN

Encourage your family to check in and reflect on their daily manners practice. Remember practice makes permanence. A good time to check in is at the dinner table and/or bedtime and other quiet times.

Some conversation starters to get the ball rolling!

WHEN CAN YOU SAY A HEARTFELT THANK YOU?

- When you receive a gift no matter how big or small, express thanks for any gift at all.
- When someone gives you a compliment (good job!)
- When your grown up makes you a meal or a treat

WHAT ARE SOME TIMES THAT YOU DID SAY THANK YOU?

- How did it make you feel?
- How did it make the other person feel?

WHAT ARE SOME TIMES WHEN YOU DIDN'T SAY THANK YOU WHEN YOU COULD HAVE?

- How did that make you feel?
- How did it make the other person feel?

ROOM TO GROW 2.0

This is the next level up! For the older kids (or any grown ups too!) who want to learn how to properly structure a "thank you" note to someone.

Start with a greeting! Then write a few sentences about the gift or act of kindness. Here are a few examples to get you started!

Dearest Friend,

Sentence #1 is about the gift or act of kindness:

Thank you so much for your thoughtful gift... I'm so grateful for... Thank you so much for thinking of me... Your gift was so thoughtful because... It was so nice of you to think of me...

Sentence #2 is also about the gift or act of kindness:

I can't wait to play with... I can't wait to wear my new... I love ____ because... It was so much fun to... How did you know that I love... I appreciate your generosity.

Sentence #3 is about something else (could be about the other person):

l hope to see you again soon! l can't wait for... l hope you have a great day! Let's find a time to chat soon. l can't wait for our next playdate.

Close your thank you note with:

Love, Sincerely, Your Friend, With Kindness, Thanks a Bunch Big Thanks Big Hugs, Take Care, All the Best **Sign your name**

WORD BANK DEFINITIONS!

THANKFUL

expressing gratitude; pleased about something

THOUGHTFUL

showing consideration for the needs or wants of other people

GRATEFUL

feeling or showing an appreciation of kindness; Thankful

APPRECIATION

recognize the full worth of and to be grateful for something

GENEROSITY

the quality of someone being kind and generous

BONUS FUN

Say "THANK YOU" in Different Languages

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French = merci
Spanish = gracias
German = danke
Italian = grazie
Portuguese = obrigado
Dutch = Dankjewel
Turkish = Teşekkür ederim
Korean = 고마워 [go-ma-wo]
Vietnamese = Cảm ơn bạn (Thank you)
Polish = Dziękuję
Croatian = Hvala (Thank You)
Greek = Σ' ευχαριστώ! [S' efharistó!]
Hawaiian = Mahalo
Filipino = Salamat sa-LAH-mat
Norwegian = Takk skal du ha
Hebrew = Toda
Farsi/Persian = mam'noon
Hindi/Indian = dhanyavaad
Chinese = xièxiè
Arabic = shukraan
Japanese = arigato
Thai = khàawp-khun
Zulu = ngiyabonga
Navajo = ahéhee'
Tongan = mālō
Esperanto = dankon
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