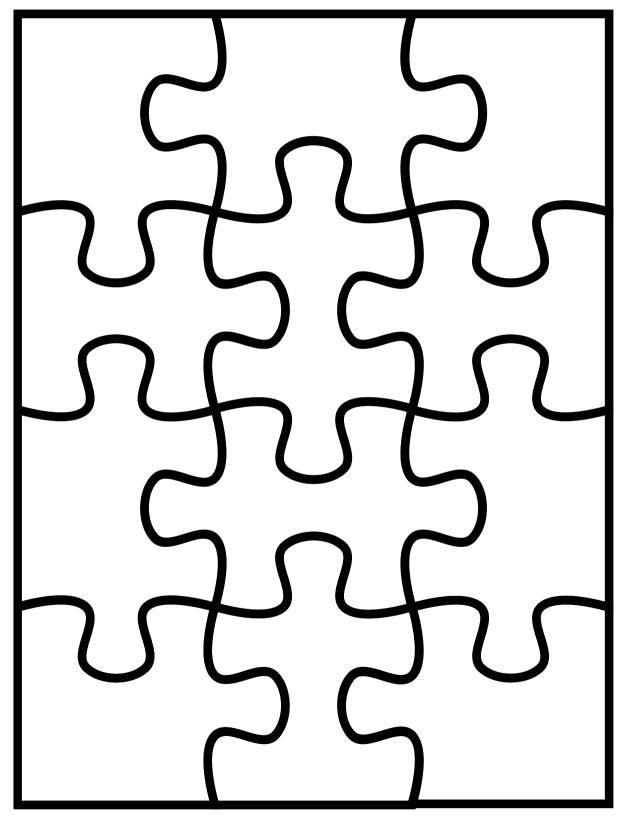


## **JOY IS FOUND ALL AROUND!**





Collect small moments of joy & Make JOY the Big Picture!



## **JOY IS FOUND ALL AROUND!**



JOY

- I. Cut out the Jigsaw Pieces.
- 2. Go on a scavenger hunt to discover what brings YOU joy.
- 3. When you find something, jot it down on a puzzle piece. Have fun & color or draw on the flip side.
- 4. Fill all of the pieces, then put your puzzle together to see the big picture of Joy in your life.
- 5. Choose Joy. It's a daily practice!

